



Fiscal Year in Review
2020-2021



Dear Friends,

It has been another year of change and growth at Santa Fe Recovery Center. Although the effects of the pandemic lingered, as the year went on we were able to continue adding and expanding services.

Our committed and caring staff has been increasing in number in order to meet the growing need for services. In 2020, we had only 5 case managers, but now we have more than 13 and the ranks continue to grow. We've expanded capacity with more residential beds in Santa Fe and Gallup, and this expansion will continue in 2022.

The expansion in the number of residential beds in 2021 was significant. The newly renovated Santa Fe Detox Recovery Center opened in the La Sala Behavioral Health Crisis Center this summer with 27 beds, almost twice the capacity of the previous facility. Meeting the needs of the community in Gallup, Four Corners Detox Recovery Center opened a 30-day Residential Program with up to 30 beds.

Also critical to our success is has been a change to the admission process introduced in August. We have removed significant barriers to admission, making it easier for clients to get started with treatment in any of our programs.

SFRC has been using telehealth technologies since 2018 and its use has been increasing to meet the demand for services by New Mexicans living in rural and remote communities. COVID-19 increased the urgency for expanding these services and grants from the Farris Foundation made this possible.

All of this growth would not be possible without the support of the community, our strategic partners, and the Board of Directors. We want to thank everyone for their dedication and loyalty. Without your support and guidance, we would not be able to continue providing and adding to the continuum of care that is so desperately needed in New Mexico.

With sincere gratitude,



Sylvia Barela
Chief Executive Officer



Tom Starke, PhD
Chairperson
Board of Directors

Santa Fe Recovery Center

Our Vision

Santa Fe Recovery Center envisions recovery for all individuals struggling with addictions.

Our Mission

Santa Fe Recovery Center works with individuals to sustain lasting recovery from substance use disorders and related mental health disorders, by providing culturally relevant evidence-based treatment and education in partnership with other community organizations.

Our Values

We operate with integrity and treat each client with compassion and respect in a safe and nurturing environment.

Statement of Inclusivity

To advance our goals of diversity, equity, inclusion, and social justice for the success of our clients and employees, we must honor that each individual is unique and that individual differences contribute to the ability of our organization to support clients on their path to recovery. We are committed to policies and procedures that reflect these goals, encourage individual and systemic change, continually reflect on our efforts, and hold ourselves accountable for the results of our efforts in accomplishing our goals. In service of these goals, Santa Fe Recovery Center fosters equality and opportunity in the workplace.

Fully Accredited Alcohol and Drug Treatment Program

Our CARF (Commission for the Accreditation of Rehabilitation Facilities) accredited treatment programs blend the traditional 12-step philosophy with current state of the art, empirically based treatment practices. Clients experience how the stigma of addiction and mental illness can be overcome through compassionate and cooperative care provided by our community and staff.



Treatment Programs

Detoxification (Detox): Santa Fe and Gallup

Men's Residential Treatment

Women and Children's Residential Treatment

Extended Residential Treatment for Men and Women

Regular and Intensive Outpatient

Medication Assisted Treatment

Recovery Housing

Bridge House Sober Living

Santa Fe Detox Recovery Center

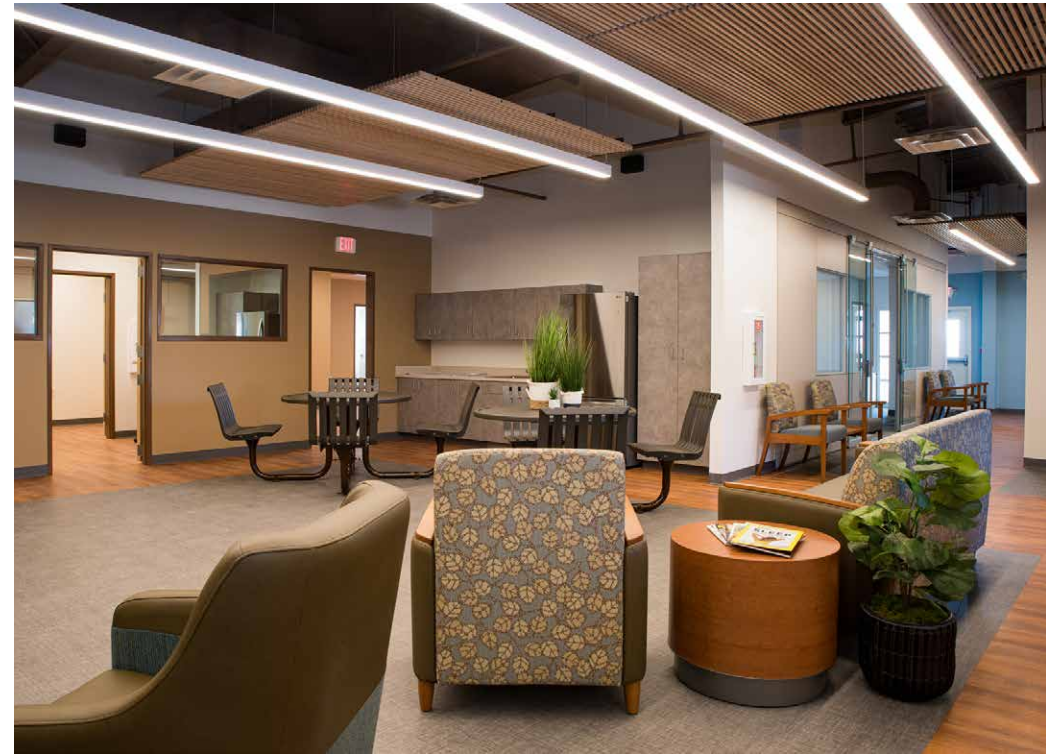
SFRC moved into the extensively renovated Santa Fe Detox Recovery Center in June 2021 after renovations were completed by Santa Fe County. With the renovation, SFRC was able to enhance its social detoxification services to provide medically monitored detox treatment and increase capacity from 15 to 27 clients, including both men and women, and pregnant women.

After a short stay in Detox, typically 5-7 days, clients can engage with longer term treatment services that SFRC provides in their other facilities, including short- and long-term residential programs, and regular and intensive outpatient programs.

The new La Sala Behavioral Health Center houses Santa Fe Detox Recovery Center and a “living room model” crisis center operated by New Mexico Solutions. SFRC and New Mexico Solutions have formed a collaborative relationship creating seamless support for people who need help. After assessment, clients can be connected with the assistance they need, whether substance abuse treatment or other services.

Santa Fe Detox Recovery Center program is made possible through partnerships with Santa Fe County, CHRISTUS St. Vincent, and the St. Vincent Anchorum Foundation.

Learn more about La Sala and watch a video at santafecountynm.gov/lasala.



Four Corners Expands Programs

Residential Program

Four Corners Detox Recovery Center (FCDRC), which has been providing a much needed social and medically monitored detoxification withdrawal management program to serve the region since December 2020, added a short-term Residential Treatment Program in June 2021.

With the closing of the only other facility offering residential services in the area, FCDRC saw the significant demand for residential substance abuse treatment services and to meet the need, started offering such services to the community.

The programming emphasizes bridging traditional cultural practices with evidence-based treatment through the use of peer support and local staff. Two additional full-time counselors were hired for the 30-day Residential Program.





Street Outreach Program

FCDRC received HRSA grant funding to support a new Street Outreach Program which offers case management and harm reduction services to individuals on the street who want substance use disorder assistance but aren't ready to come to the FCDRC facility. The Street Outreach Initiative is designed to meet individuals where they are living, on the street or in a shelter, to offer support and encouragement to enter treatment.

Led by Coordinator Crystal Masingale, the team includes Native American case managers who can speak Navajo and Zuni, Noreen Kelly, Roy Salcido, and Vivienne Begay. The team has already been successful in helping individuals with an array of support services such as rides to doctor or counseling appointments, and help with food, housing, clothing, and hygiene supplies. SFRC and FCDRC have worked to raise additional funds for care packages. For parents with young children, assistance can include baby formula, diapers, child care and other daily living needs.

FCDRC staff has established a working relationship with the Na'Nizhoozhi Center, known locally as NCI. The NCI Detox Center releases clients each morning. FCDRC Outreach Team members have been allowed to wait for clients in the parking lot at 6:30 AM as they are released to offer care packages, hygiene kits, water, snacks and substance use disorder treatment information. Those who are interested can take a short assessment that can be used to set up case management.



Outreach Campaign Targeting Native Women

SFRC has long recognized the correlation between substance abuse and victimization and the need for jointly provided recovery and victim services. This year SFRC launched an outreach campaign targeting indigenous women.

Native American women are murdered and sexually assaulted at rates as high as 10 times the average. Many of these crimes can be traced to substance use disorders. The recent coronavirus pandemic has increased the urgency to reach out to Native women to educate them about what services are available to them and their young children.

[Short videos](#) posted to Facebook, and 30- and 60-second radio spots featuring the voices of Native women survivors of substance abuse and violence were aired throughout New Mexico including the Four Corners region on public, commercial, and tribal radio stations. At the end of the public service announcements, people were directed to needed help with a phone number.

The radio spots and videos were created in partnership with Littlelobe, a New Mexico-based non-profit, and funded through a NMCVRC Innovative grant. The messages were also created in consultation with experts including Shannon Hoshnic of Sexual Assault Services of Northwest New Mexico, and Dr. Erin Lorencz, an OB/GYN practicing in Gallup, NM.

Recovery Outcome Focus

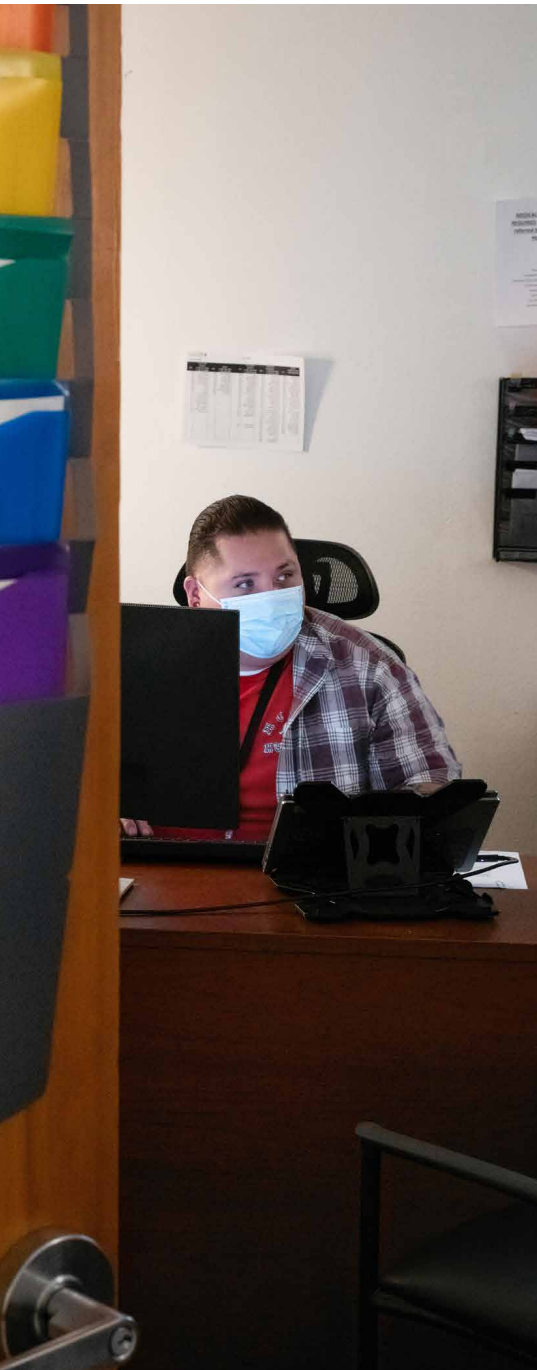
In order to help as many people as possible and focus on long-term recovery, SFRC has shifted admission policies, increased case management, added more data collection and analysis, and instituted an alumni program.

Admissions

We have changed admission policies, removing barriers that had been keeping some people from entering into treatment. Clients can now get started whether they are entering a Detox, Residential, or Outpatient program, without all of the medical records that were required for entrance to our programs in the past. Those records and documents can continue to be gathered and added to their SFRC electronic health record as their treatment is underway.

COVID policies have shifted as the pandemic has evolved. Rapid COVID testing is still performed for symptomatic clients before admission to a program. Vaccinations are scheduled for those who have not had them as full vaccination continues to be required.





Recovery Capital

In addition to client feedback surveys that were already being conducted at admission, midway through their program, at discharge, and three and six months later, clients are also providing feedback using a Recovery Capital scale. Through Recovery Capital we are getting a broader perspective on how clients are faring in the long term. Personal, Family/Social, and Community Recovery Capital can be measured.

“Recovery Capital is a real asset for our clinicians and clients because it gives us a broad picture of where a client is thriving and where they are struggling. This gives us the ability to adjust programmatic interventions as well as individual interventions to best meet a client’s needs. The goal is to increase each client’s Recovery Capital across the domains, which is an indicator to them and us that they are in a good place and ready to move forward with tools, resources, knowledge, and supports,” said Paul King-Miller, PsyD, Clinical Director.

This process can be used to increase a person’s support network, sustain recovery, and enhance quality of life. By engaging in these processes, measuring quantitative and qualitative data, we can monitor results and shift strategies as needed.

Case Management

SFRC has added more case managers for each program who are trained as Certified Peer Support Workers. They are working with clients to help them get set up for the

next steps in their recovery. They offer coaching to help clients learn how to do things like scheduling healthcare or therapy appointments, or finding housing. With a focus on long-term recovery, a Recovery Coordinator was hired to work with community resources such as 12-step programs and organize an SFRC alumni network.

SFRC Alumni Program

This year SFRC began building a network of alumni in order to help them stay better connected to recovery resources and each other. This alumni network is a way to keep people engaged in their own recovery and help decrease the risk of relapse.

As part of these efforts, Alumni Outreach activities including monthly in-person gatherings, an SFRC Alumni Facebook Group, and an Alumni newsletter have been started. Additional 12-step meetings have also been added to men’s and women’s residential and extended programs, and Bridge Houses.

Client Mentorship

Clients who are in the Extended Outpatient or Bridge House programs can take part in Certified Peer Support Worker Training and offer coaching or mentoring to other clients who are in earlier stages of their recovery. This is also a way to keep clients engaged in their recovery throughout the process.



Santa Fe Rally for Recovery

In September 2021, the Santa Fe Rally for Recovery celebrated everyone in recovery, reducing the stigma surrounding recovery from the disease of addiction, and other behavioral illnesses.

The annual event provides a variety of activities that entertain combined with information about recovery services available in the community.

This year, after a merger with Recovery Santa Fe, the 8th Annual Santa Fe Rally for Recovery was presented by SFRC for the first time with support from Recovery Santa Fe founders and members.

The 2021 Santa Fe Rally for Recovery had to shift to a virtual event due to a surge in coronavirus cases. Although some of the originally planned activities couldn't take place in a virtual environment, others were added.

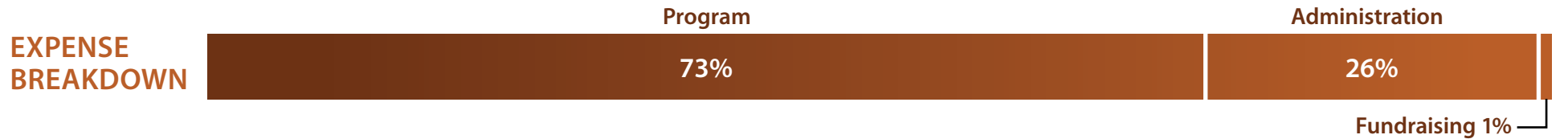
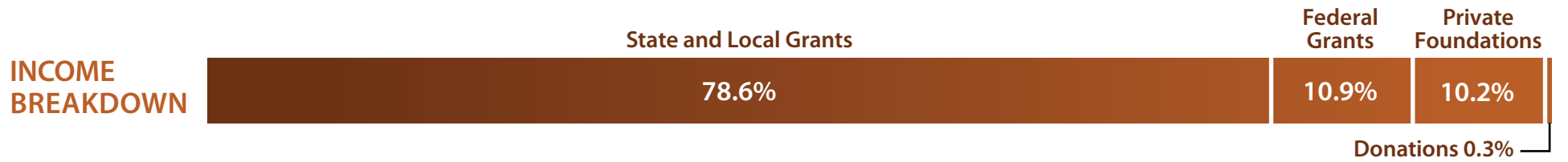
Segments were presented by Certified Peer Support Workers, Art Therapists, Assistance Dogs of the West, and others. Tours were given of the new La Sala Behavioral Health Center and other SFRC facilities, and individuals shared their own Recovery Stories.

US Senator Ben Ray Lujan, NM Behavioral Health Services Division Director Neal Bowen, Santa Fe Mayor Alan Webber and City Councilor Signe Lindell all spoke about recovery. Recovery Dharma led a guided meditation, and Las Cumbres, Esperanza Shelter, Blue Cross and Blue Shield of NM, Life Link, Narcotics Anonymous and other organizations were able to provide information about their services related to recovery.

One advantage of the virtual format is that people can still view the closed-captioned video at sfrecovery.org/rally-video-archive/ and on SFRC's YouTube channel, allowing the information presented to reach more people.



FY 2020-2021 Financial Overview



Client Feedback

Detox Admissions

98% felt they were treated respectfully by the admission/intake staff.

Short-Term Residential Admissions

100% felt they were treated respectfully by the admission/intake staff.

Short-Term Residential Mid-treatment

98% found that the environment was supportive of their treatment.

Extended Residential Mid-treatment

97% felt that their treatment needs were being met at SFRC.

Do you have the tools to remain clean and sober?

98% Yes - Short-Term Residential

100% Yes - Extended Residential

Intakes at Each Facility

Santa Fe Detox	1,012
FCDRC Detox	808
Men's Short-Term Residential	344
Women's Short-Term Residential	243
FCDRC Residential	157
Men's Extended Residential	106
Women Extended Residential	48

Become a Partner



2022 will be a pivotal year in Santa Fe Recovery Center's ability to serve the growing and diverse needs of our friends and neighbors in need of substance use disorder treatment services.

Meeting Immediate Needs

There are many ways you can join us to respond to these critical community needs. Many of our clients, both men and women and their children under age 3, come into residential treatment with nothing. Available resources are stretched thin and your donation can make a big difference.

You can help our clients with immediate needs such as clothing, food, employment, and providing childcare.

[Visit our website to make a donation.](#)

SFRC Leadership

Board of Directors

Tom Starke, PhD
Chairperson

Karen Meador, JD
Vice Chairperson

Jeff Pontius, BA, MBA
Treasurer

Martin Laurent, BSME, MBA
Secretary

Lily Chapman, MHS
Member

Davin K. Quinn, MD, FACLP
Member

Christine Wendel, MBA
Member

Executive Leadership Team

Sylvia Barela, MBA
Chief Executive Officer

Sherman Snyder
Chief Financial Officer

Laura Grant
Chief Operating Officer

Paul King-Miller, PsyD, LPCC
Clinical Director

Barry Ore, MA, LMHC, LSAA
Program Director
Four Corners Detox Recovery Center

Joshua Leiderman, MD
Medical Director



5312 Jaguar Drive
Santa Fe, NM 87507

505-471-4985
sfrecovery.org

Like us on Facebook
[@sfrecovery](https://www.facebook.com/sfrecovery)
[@FourCornersDetox](https://www.facebook.com/FourCornersDetox)